

25, 50, 70 and 100 Mile Road Routes Menu

STATION 1 - SNOW VALLEY

Staffed by: BBV-CERT

100, 70, and 50 Mile Routes

Miles from Start: 18.1

Miles to Next Aid Station: 14.30 (North

Shore)

Unique Offering: Mini Breakfast Burrito Additional Items: Bananas, Grapes, Boiled Potatoes, Kate's Real Food Granola Bars,

Vital4U

STATION 2 - NORTH SHORE

Staffed by: Baldwin Lane Elementary
Miles to Next Aid Station 10.5 (BBARWA)
100, 70, 50, and 25 Mile Routes

Unique Offering: Bacon

Additional Items: Bananas, Oranges, Grapes, PB&J Sandwich, Pretzels, Cookies, Muffins, Boiled Potatoes, Chargel Energy Gel, Pickle

Juice, Vital4U

STATION 3 - BBARWA

Staffed by: Search and Rescue 100, 70, 50, and 25 Mile Routes Miles to Next Aid Station 10.1 (Onyx 1) 7.3 (Finish)

Unique Offering: Pork Ribs, Cornbread Additional Items: Oranges, Grapes, Watermelon, Celery w/PB, Chips, Pickle Juice, Moon Pies, Coke, Chargel Energy Gel, Vital4U

STATION 4 - ONYX SUMMIT #1

Staffed by: Rotary Club

100, 70, Mile Routes (Cedar Falls)

Miles to Next Aid Station 15.8

Unique Offering: Smoothies w/ whip

cream and sweet toppings

Additional Items: Watermelon, Strawberries, Cupcakes, Boiled Potatoes, Coke, Chargel

Energy Gel, Vital4U

STATION 5 - CEDAR FALLS

Staffed by: Lions Club Miles to Next Aid Station 8.6 (Southfork) 100 Mile Route

Unique Offering: **Sandwich & Soda Bar** Additional Items: Strawberries, Pineapple, Granola Bars from Copper Q, Chips, Pickles, Chargel Energy Gel, Pickle Juice, Vital4U

STATION 6 - SOUTH FORK

Staffed by: Bridges Presbyterian Church

100 Mile Route

Miles To Next Aid Station 8.7 (Onyx 2)
Unique Offering: **Hot Dogs w/ fixings**Additional Items: Pineapple, Watermelon,
Pretzels, Coke, Ginger Ale, Chargel Energy

Gel, Pickle Juice, Vital4U

STATION 7 - ONYX SUMMIT #2

Staffed by: Big Bear Pilots Association

100 Mile Route

Miles To Next Aid Station 15.6 (Finish)
Unique Offering: **Churros and Chocolate**Additional Items: Watermelon, Grapes,
Moon Pies, Trail Mix, Coke, Ginger Ale,
Chargel Energy Gel, Pickle Juice, Vital4U

STATION 8 - FINISH LINE

Staffed by: US Bank, USARC, Big Bear Antique

Unique Offering: Chocolate Milk, Popsicle Additional Items: Fresh Fruit Variety, Trail Mix, Chocolate Covered Berries, Candy

FAMILY RIDE

Unique Offering: Dank Donuts

Miles from Start 1.4

Miles to Next Aid Station 1.4 (Finish Line) Additional Items: Watermelon, Trail Mix

<u>SELF SERVE EXPRESS LANES:</u>

Snow Valley, North Shore, and BBARWA Offerings: Water, Gatorade, Vital4U Extreme Energy, and Chargel Energy Gel

***All stations are also equipped with: water, Gatorade, ice, first aid kit, sunscreen, and tire pump.